

Get the best out of your medicines

Ask your pharmacist about a
MedsCheck or Diabetes MedsCheck

For further information visit: www.5cpa.com.au

**Do your
medicines
need a
check up**



Australian Government
Department of Health and Ageing



The Pharmacy
Guild of Australia

MedsCheck and Diabetes MedsCheck are funded by the Australian Government as part of the Fifth Community Pharmacy Agreement.

Get the best out of your medicines.

MedsCheck and Diabetes MedsCheck

Would you or someone you care for benefit from a MedsCheck? ... Take the test ✓

Are your medicines working for you?

Every year, up to 210,000 Australians are admitted to hospital due to medication problems. At least 50% of these admissions could be avoided by better medicine management.

A MedsCheck or Diabetes MedsCheck will help you understand your medicines and stay out of hospital.

What is a MedsCheck?

A MedsCheck and Diabetes MedsCheck is a service funded by the Australian Government and involves one-on-one time with your pharmacist, in the pharmacy to discuss all your medicines. There is no cost to the consumer to receive either a MedsCheck or Diabetes MedsCheck service.

By working together, you and your pharmacist will ensure you are getting the most out of your medicines.

Why have a MedsCheck?

A MedsCheck or Diabetes MedsCheck will help you better manage your medicines. It will help:

- ✓ Increase your knowledge about your medicines;
- ✓ Increase your confidence in using your medicines; and
- ✓ Reduce your risk of an avoidable trip to hospital.



Ask your pharmacist if a MedsCheck or Diabetes MedsCheck is right for you.



Many different people are helped by a MedsCheck:

- Are you from a non-English speaking background?
- Do you have dexterity, vision or hearing problems?
- Do you live by yourself and/or do not have access to social support?
- Do you have diabetes?
- Do you have a chronic condition such as asthma or emphysema?
- Do you have a mental health condition?
- Do you have a heart condition?

Tick the boxes that apply:

- Have you recently been discharged from hospital?
- Are you taking several medicines? (including supermarket or herbal medicines)
- Have you had recent changes to your medicines?
- Do your medicines need monitoring? (e.g. blood thinning medicines)
- Do any of your medicines make you feel unwell?
- Do you use devices to assist with medication management such as monitoring blood glucose or a nebuliser?
- Do you attend more than one doctor including general practitioners and specialists?
- Are you sometimes unsure about which medicines you should be taking?
- Would you like to be more confident about understanding your medicines?

If you have ticked one or more of the above boxes, you may benefit from a MedsCheck or Diabetes MedsCheck.