



ARTHRITIS ACT SUPPORT GROUPS

ARTHRITIS SUPPORT GROUP

Meetings on the 2nd Monday of each month (if a public holiday, meets the 3rd Monday)

Time: 10.30am – 12.00noon

Venue: Hellenic Club, Philip

RHEUMATOID ARTHRITIS / SJOGREN'S SYNDROME INTEREST GROUP

Meetings held on the 2nd Thursday of each month.

Time: 10.30am – 12.00noon

Venue: Mawson Club, Mawson

YOUNG ADULTS LIVING WITH AUTOIMMUNE DISEASE

Contact: Contact Arthritis ACT on 1800 011 041 or info@arthritisact.org.au

ASSOCIATED GROUPS

| PAIN SUPPORT | FIBROMYALGIA SUPPORT | SCLERODERMA SUPPORT |
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| Monthly Newsletter Contact: Margaret McCulloch Phone: (02) 6281 1036 Email: margaret@alross.com.au | ACT ME/CFS Society Inc. Building 1, Pearce Community Centre Collett Place, PEARCE ACT 2607 Phone: (02) 6290 1984 | ACT and NSW Contact Phone: (02) 49214095 Website: www.autoimmune.org.au Email: arrc@hnehealth.nsw.gov.au |
| LUPUS SUPPORT- Bi monthly last Tuesday of the month 7:00pm Southern Cross Club, Woden | | |
| ACT Contact: Judy | Phone: 02 6166 6258 | Website: http://lupusnsw.org.au |
| ACT Contact: Bec | Phone: 0409 780 901 - before 9pm | |
| Arthritis ACT Peer mentor Program | Phone: 1800 011 041 | |